

## Kategorien-Wertung Staffelerwertung

| Pfg. | Staffelname                | Wertung | Zeit 1  | Zeit 2  | Zeit 3  | Zeit 4  | Zeit 5  | Zeit 6  | Zeit 7  | Zeit 8  | Zeit 9  | Zeit 10 | Zeit 11 | Zeit 12 | Zeit 13 | Zeit 14 | Zeit 15 | Zeit 16 | Zeit 17 | Zeit 18 | Zeit 19 | Zeit 20 | Zielzeit       | Strn. |
|------|----------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------------|-------|
| 1.   | SSG Königswinter Jugend 2  | Jugend  | 0:10:20 | 0:20:07 | 0:28:25 | 0:35:55 | 0:45:03 | 0:52:34 | 1:01:10 | 1:09:28 | 1:19:42 | 1:28:22 | 1:36:14 | 1:45:12 | 1:52:58 | 2:01:20 | 2:09:27 | 2:19:24 | 2:27:50 | 2:35:30 | 2:44:18 | 2:52:05 | <b>3:00:27</b> | 068   |
| 2.   | SSG Königswinter Jugend 3  | Jugend  | 0:10:19 | 0:18:56 | 0:27:59 | 0:36:38 | 0:46:47 | 0:54:58 | 1:04:02 | 1:12:59 | 1:21:35 | 1:31:29 | 1:39:58 | 1:49:07 | 1:57:34 | 2:06:46 | 2:15:25 | 2:24:25 | 2:34:04 | 2:41:42 | 2:49:53 | 2:58:53 | <b>3:06:31</b> | 069   |
| 3.   | JSG Nickenich              | Jugend  | 0:10:40 | 0:19:46 | 0:28:48 | 0:37:07 | 0:46:05 | 0:55:09 | 1:04:12 | 1:12:26 | 1:21:32 | 1:30:47 | 1:40:41 | 1:49:56 | 1:59:23 | 2:09:08 | 2:19:23 | 2:29:15 | 2:39:34 | 2:49:39 | 2:59:50 | 3:09:49 | <b>3:19:17</b> | 080   |
| 4.   | TriPower Jugend            | Jugend  | 0:10:59 | 0:21:33 | 0:30:18 | 0:38:14 | 0:48:54 | 0:58:09 | 1:07:31 | 1:17:48 | 1:28:05 | 1:39:29 | 1:48:36 | 1:56:38 | 2:07:39 | 2:17:19 | 2:26:35 | 2:37:42 | 2:46:00 | 2:55:16 | 3:05:05 | 3:14:49 | <b>3:23:16</b> | 029   |
| 5.   | Team Hangover              | Jugend  | 0:10:51 | 0:19:55 | 0:28:53 | 0:38:55 | 0:49:22 | 0:58:49 | 1:08:02 | 1:17:15 | 1:27:34 | 1:38:01 | 1:47:42 | 1:57:00 | 2:07:20 | 2:17:32 | 2:28:37 | 2:38:11 | 2:47:47 | 2:57:43 | 3:08:06 | 3:19:13 | <b>3:28:43</b> | 081   |
| 6.   | RS+ Bruder Renn Los        | Jugend  | 0:12:43 | 0:22:01 | 0:30:49 | 0:40:50 | 0:50:08 | 0:59:35 | 1:10:06 | 1:23:34 | 1:32:49 | 1:42:08 | 1:53:15 | 2:03:11 | 2:13:05 | 2:23:58 | 2:34:12 | 2:44:33 | 2:54:46 | 3:05:01 | 3:13:36 | 3:23:01 | <b>3:33:27</b> | 076   |
| 7.   | RS+ Die Flinken            | Jugend  | 0:14:27 | 0:23:27 | 0:33:16 | 0:42:18 | 0:51:22 | 1:00:46 | 1:11:57 | 1:23:33 | 1:32:49 | 1:42:11 | 1:51:25 | 2:00:25 | 2:10:32 | 2:21:40 | 2:31:04 | 2:43:39 | 2:53:17 | 3:03:11 | 3:13:41 | 3:22:26 | <b>3:33:50</b> | 075   |
| 8.   | SSG Königswinter Jugend 1  | Jugend  | 0:12:37 | 0:22:36 | 0:31:22 | 0:41:40 | 0:50:39 | 0:59:52 | 1:10:18 | 1:20:14 | 1:29:13 | 1:40:11 | 1:49:29 | 1:59:03 | 2:12:20 | 2:23:23 | 2:33:29 | 2:45:00 | 2:54:35 | 3:04:41 | 3:15:44 | 3:24:55 | <b>3:34:23</b> | 055   |
| 9.   | RS+ Leider Geil            | Jugend  | 0:13:43 | 0:26:42 | 0:37:44 | 0:49:40 | 1:02:50 | 1:17:32 | 1:28:03 | 1:39:39 | 1:52:05 | 2:06:51 | 2:21:49 | 2:32:09 | 2:44:18 | 2:57:12 | 3:11:19 | 3:24:41 | 3:35:43 | 3:51:13 | 4:03:41 | 4:17:50 | <b>4:30:59</b> | 074   |
| 1.   | SSG Königswinter Frauen 1  | Frauen  | 0:10:49 | 0:20:56 | 0:30:51 | 0:39:05 | 0:48:48 | 0:57:25 | 1:07:31 | 1:17:29 | 1:25:52 | 1:35:44 | 1:44:18 | 1:54:07 | 2:04:20 | 2:12:42 | 2:22:36 | 2:30:58 | 2:40:47 | 2:49:09 | 2:59:19 | 3:09:19 | <b>3:17:47</b> | 066   |
| 2.   | LLG St. Augustin Frauen    | Frauen  | 0:11:17 | 0:20:45 | 0:29:35 | 0:38:42 | 0:47:38 | 0:56:54 | 1:05:55 | 1:15:04 | 1:24:06 | 1:33:18 | 1:43:19 | 1:52:53 | 2:02:55 | 2:12:54 | 2:22:49 | 2:32:03 | 2:42:15 | 2:52:07 | 3:02:30 | 3:12:36 | <b>3:22:42</b> | 064   |
| 3.   | TuS Dierdorf 1893 e.V. 1   | Frauen  | 0:15:16 | 0:26:11 | 0:36:40 | 0:47:31 | 0:59:26 | 1:11:03 | 1:21:38 | 1:32:25 | 1:43:17 | 1:54:17 | 2:06:22 | 2:16:56 | 2:27:38 | 2:38:02 | 2:49:53 | 3:00:33 | 3:11:18 | 3:21:56 | 3:34:30 | 3:45:32 | <b>3:56:02</b> | 017   |
| 4.   | SV Ehlscheid 2             | Frauen  | 0:13:41 | 0:24:55 | 0:35:52 | 0:48:03 | 0:58:57 | 1:10:20 | 1:21:17 | 1:33:23 | 1:43:44 | 1:54:41 | 2:05:46 | 2:18:02 | 2:30:49 | 2:41:55 | 2:52:37 | 3:05:59 | 3:17:18 | 3:28:20 | 3:42:17 | 3:53:22 | <b>4:04:25</b> | 034   |
| 1.   | LG Mützenich               | Männer  | 0:07:58 | 0:14:39 | 0:22:03 | 0:29:04 | 0:35:40 | 0:42:23 | 0:48:38 | 0:55:21 | 1:02:39 | 1:09:40 | 1:16:12 | 1:22:54 | 1:29:14 | 1:36:01 | 1:43:03 | 1:49:38 | 1:56:31 | 2:03:22 | 2:10:01 | 2:17:00 | <b>2:23:22</b> | 022   |
| 2.   | Team Wäller-Lauf-Cup       | Männer  | 0:08:02 | 0:14:32 | 0:21:35 | 0:28:09 | 0:35:05 | 0:42:18 | 0:48:43 | 0:55:21 | 1:02:29 | 1:09:09 | 1:16:12 | 1:23:34 | 1:30:01 | 1:36:36 | 1:43:44 | 1:50:29 | 1:57:27 | 2:03:50 | 2:10:15 | 2:17:22 | <b>2:24:09</b> | 043   |
| 3.   | 7G runergy Laufteam        | Männer  | 0:08:52 | 0:16:32 | 0:23:55 | 0:31:33 | 0:38:51 | 0:46:32 | 0:53:57 | 1:01:50 | 1:09:14 | 1:17:01 | 1:24:22 | 1:32:10 | 1:39:45 | 1:47:31 | 1:55:09 | 2:03:06 | 2:10:50 | 2:18:51 | 2:26:46 | 2:35:07 | <b>2:43:10</b> | 077   |
| 4.   | TriPower Herren            | Männer  | 0:10:24 | 0:18:13 | 0:26:12 | 0:34:51 | 0:43:26 | 0:50:53 | 0:58:34 | 1:06:37 | 1:14:47 | 1:22:40 | 1:31:25 | 1:39:58 | 1:47:11 | 1:54:50 | 2:02:53 | 2:10:50 | 2:18:33 | 2:27:45 | 2:36:19 | 2:43:32 | <b>2:51:23</b> | 028   |
| 5.   | VfB Linz                   | Männer  | 0:09:22 | 0:16:58 | 0:24:58 | 0:34:16 | 0:42:30 | 0:51:48 | 0:59:26 | 1:07:37 | 1:15:43 | 1:25:05 | 1:33:20 | 1:42:48 | 1:50:30 | 1:58:46 | 2:07:05 | 2:16:33 | 2:24:51 | 2:34:29 | 2:42:52 | 2:50:35 | <b>2:59:02</b> | 061   |
| 6.   | Kenias letzte Reserve      | Männer  | 0:10:21 | 0:16:59 | 0:27:39 | 0:37:37 | 0:47:37 | 0:57:56 | 1:06:32 | 1:13:24 | 1:22:16 | 1:28:59 | 1:40:05 | 1:50:37 | 1:59:22 | 2:09:00 | 2:15:42 | 2:25:07 | 2:31:48 | 2:42:52 | 2:51:43 | 2:58:05 | <b>3:04:35</b> | 005   |
| 7.   | Laufftreff Selters         | Männer  | 0:10:50 | 0:18:39 | 0:28:05 | 0:38:06 | 0:47:20 | 0:56:37 | 1:05:07 | 1:12:51 | 1:22:08 | 1:32:17 | 1:41:16 | 1:50:43 | 1:59:07 | 2:06:50 | 2:15:50 | 2:26:25 | 2:35:25 | 2:44:45 | 2:53:15 | 3:01:02 | <b>3:11:17</b> | 057   |
| 8.   | JC Waldbreitbach           | Männer  | 0:11:47 | 0:20:08 | 0:29:15 | 0:39:32 | 0:47:57 | 0:56:20 | 1:05:59 | 1:15:19 | 1:23:04 | 1:32:09 | 1:41:52 | 1:50:11 | 1:58:59 | 2:08:48 | 2:18:33 | 2:26:11 | 2:35:20 | 2:45:12 | 2:53:35 | 3:02:57 | <b>3:13:20</b> | 072   |
| 9.   | Die weißen Kenianer        | Männer  | 0:14:52 | 0:24:34 | 0:34:55 | 0:42:33 | 0:54:29 | 1:04:23 | 1:14:12 | 1:22:12 | 1:33:57 | 1:43:46 | 1:54:20 | 2:02:25 | 2:14:47 | 2:24:27 | 2:34:13 | 2:42:30 | 2:55:04 | 3:04:41 | 3:13:01 | 3:22:26 | <b>3:30:55</b> | 007   |
| 10.  | LT VfL Waldbreitbach 1     | Männer  | 0:13:04 | 0:24:22 | 0:35:58 | 0:48:00 | 1:01:09 | 1:10:50 | 1:21:06 | 1:31:08 | 1:40:48 | 1:50:23 | 2:00:01 | 2:09:40 | 2:19:07 | 2:28:21 | 2:37:49 | 2:50:33 | 2:59:58 | 3:09:17 | 3:20:56 | 3:30:46 | <b>3:35:27</b> | 011   |
| 11.  | Team Flowerpot             | Männer  | 0:11:23 | 0:22:29 | 0:31:48 | 0:43:29 | 0:54:25 | 1:04:23 | 1:14:22 | 1:23:16 | 1:33:41 | 1:43:02 | 1:55:37 | 2:07:46 | 2:18:11 | 2:28:31 | 2:38:11 | 2:47:37 | 2:58:41 | 3:08:14 | 3:21:32 | 3:32:37 | <b>3:43:24</b> | 001   |
| 1.   | LG Dorsten                 | Mixed   | 0:07:48 | 0:15:01 | 0:21:09 | 0:28:20 | 0:34:25 | 0:41:34 | 0:47:36 | 0:54:49 | 1:01:43 | 1:08:57 | 1:15:46 | 1:23:00 | 1:29:33 | 1:36:48 | 1:44:14 | 1:51:16 | 1:57:27 | 2:04:50 | 2:12:04 | 2:19:13 | <b>2:25:14</b> | 042   |
| 2.   | Family Affair              | Mixed   | 0:08:15 | 0:15:39 | 0:23:22 | 0:30:03 | 0:38:08 | 0:45:45 | 0:54:10 | 1:01:30 | 1:09:12 | 1:17:38 | 1:24:58 | 1:32:48 | 1:40:57 | 1:48:18 | 1:54:54 | 2:03:17 | 2:11:30 | 2:18:02 | 2:25:25 | 2:32:47 | <b>2:39:50</b> | 062   |
| 3.   | LT Venusberg               | Mixed   | 0:09:21 | 0:16:57 | 0:25:07 | 0:33:38 | 0:42:35 | 0:50:10 | 0:58:05 | 1:06:24 | 1:14:48 | 1:23:47 | 1:31:25 | 1:39:11 | 1:47:31 | 1:55:52 | 2:04:57 | 2:12:41 | 2:20:27 | 2:28:47 | 2:37:14 | 2:46:15 | <b>2:54:07</b> | 019   |
| 4.   | Marathon-Buch              | Mixed   | 0:09:04 | 0:17:25 | 0:26:56 | 0:34:03 | 0:42:21 | 0:51:39 | 0:58:48 | 1:07:18 | 1:17:00 | 1:24:10 | 1:32:35 | 1:42:09 | 1:49:21 | 1:57:51 | 2:07:32 | 2:14:47 | 2:23:12 | 2:33:02 | 2:40:19 | 2:48:47 | <b>2:56:05</b> | 053   |
| 5.   | TriPower Mixed 1           | Mixed   | 0:09:52 | 0:18:14 | 0:26:21 | 0:35:21 | 0:44:21 | 0:52:15 | 1:00:07 | 1:08:22 | 1:16:33 | 1:25:36 | 1:34:33 | 1:42:41 | 1:50:31 | 1:58:51 | 2:07:08 | 2:15:28 | 2:24:39 | 2:33:52 | 2:41:52 | 2:50:15 | <b>2:58:42</b> | 030   |
| 6.   | SV Ehlscheid 1             | Mixed   | 0:09:54 | 0:18:10 | 0:25:51 | 0:34:18 | 0:42:44 | 0:50:36 | 0:58:53 | 1:07:22 | 1:15:09 | 1:23:22 | 1:31:28 | 1:39:17 | 1:48:22 | 1:56:27 | 2:08:13 | 2:16:47 | 2:24:41 | 2:32:43 | 2:41:37 | 2:50:33 | <b>2:59:43</b> | 033   |
| 7.   | ASV Sankt Augustin         | Mixed   | 0:10:35 | 0:18:43 | 0:26:11 | 0:34:45 | 0:43:15 | 0:52:38 | 1:02:16 | 1:10:40 | 1:18:38 | 1:26:14 | 1:34:52 | 1:43:24 | 1:52:40 | 2:02:15 | 2:10:51 | 2:18:29 | 2:27:18 | 2:35:40 | 2:44:17 | 2:52:44 | <b>3:00:16</b> | 021   |
| 8.   | SSG Königswinter Mixed 2   | Mixed   | 0:09:29 | 0:16:46 | 0:24:02 | 0:32:17 | 0:42:21 | 0:53:02 | 1:01:08 | 1:08:52 | 1:16:46 | 1:24:04 | 1:32:24 | 1:42:46 | 1:54:17 | 2:02:25 | 2:09:56 | 2:17:28 | 2:24:44 | 2:33:10 | 2:43:26 | 2:54:36 | <b>3:02:15</b> | 067   |
| 9.   | Mitläufer Müllenbach       | Mixed   | 0:09:30 | 0:17:04 | 0:26:54 | 0:36:06 | 0:43:54 | 0:51:34 | 1:01:43 | 1:11:33 | 1:19:20 | 1:27:09 | 1:37:05 | 1:46:30 | 1:57:39 | 2:05:35 | 2:13:27 | 2:23:26 | 2:32:50 | 2:42:39 | 2:50:39 | 2:58:27 | <b>3:09:02</b> | 035   |
| 10.  | Münz Laufftreff Westerwald | Mixed   | 0:11:01 | 0:20:12 | 0:30:08 | 0:38:58 | 0:48:17 | 0:58:29 | 1:07:28 | 1:16:49 | 1:27:09 | 1:34:42 | 1:42:45 | 1:52:23 | 2:00:21 | 2:09:58 | 2:18:23 | 2:27:58 | 2:38:05 | 2:46:10 | 2:54:39 | 3:04:10 | <b>3:12:25</b> | 025   |
| 11.  | Team Weiser 1000           | Mixed   | 0:09:12 | 0:19:09 | 0:30:18 | 0:38:05 | 0:45:38 | 0:53:10 | 1:00:35 | 1:08:06 | 1:20:53 | 1:34:54 | 1:48:33 | 1:59:22 | 2:10:34 | 2:18:19 | 2:26:02 | 2:33:41 | 2:41:21 | 2:49:04 | 2:56:52 | 3:04:42 | <b>3:12:39</b> | 026   |
| 12.  | Selbstläufer SV Altenahr   | Mixed   | 0:10:32 | 0:21:26 | 0:32:55 | 0:40:50 | 0:50:22 | 0:57:50 | 1:06:12 | 1:16:30 | 1:27:01 | 1:34:48 | 1:44:19 | 1:51:50 | 2:00:13 | 2:11:06 | 2:18:45 | 2:26:20 | 2:34:47 | 2:45:47 | 2:55:31 | 3:03:30 | <b>3:14:37</b> | 079   |
| 13.  | BSG Evonik Rheinland       | Mixed   | 0:11:18 | 0:20:19 | 0:28:31 | 0:38:50 | 0:48:04 | 0:56:58 | 1:05:55 | 1:13:57 | 1:24:21 | 1:33:40 | 1:42:41 | 1:51:56 | 2:00:17 | 2:10:31 | 2:19:58 | 2:29:00 | 2:38:14 | 2:46:36 | 2:56:53 | 3:06:09 | <b>3:15:11</b> | 016   |

10. Staffelmarathon Waldbreitbach am 03.10.2019

| Plg. | Staffelname              | Wertung  | Zeit 1  | Zeit 2  | Zeit 3  | Zeit 4  | Zeit 5  | Zeit 6  | Zeit 7  | Zeit 8  | Zeit 9  | Zeit 10 | Zeit 11 | Zeit 12 | Zeit 13 | Zeit 14 | Zeit 15 | Zeit 16 | Zeit 17 | Zeit 18 | Zeit 19 | Zeit 20 | Zielzeit       | Stnr. |
|------|--------------------------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------------|-------|
| 14.  | Hot Dog                  | Mixed    | 0:11:07 | 0:19:39 | 0:31:34 | 0:39:57 | 0:48:38 | 0:57:29 | 1:05:48 | 1:14:18 | 1:27:20 | 1:35:47 | 1:44:23 | 1:53:42 | 2:02:44 | 2:11:22 | 2:23:42 | 2:32:04 | 2:40:42 | 2:49:56 | 2:58:43 | 3:07:27 | <b>3:15:54</b> | 083   |
| 15.  | Die Untauglichen         | Mixed    | 0:09:28 | 0:17:00 | 0:27:13 | 0:39:24 | 0:48:08 | 0:57:28 | 1:07:23 | 1:15:01 | 1:22:41 | 1:33:21 | 1:45:33 | 1:54:29 | 2:04:06 | 2:14:06 | 2:21:58 | 2:29:38 | 2:38:26 | 2:48:16 | 2:58:35 | 3:06:37 | <b>3:16:06</b> | 004   |
| 16.  | LLT Wallernhausen 1      | Mixed    | 0:09:35 | 0:17:39 | 0:27:04 | 0:38:01 | 0:46:13 | 0:54:26 | 1:03:50 | 1:15:22 | 1:23:34 | 1:31:45 | 1:41:13 | 1:52:39 | 2:01:20 | 2:09:36 | 2:19:17 | 2:30:43 | 2:39:33 | 2:47:51 | 2:57:48 | 3:09:41 | <b>3:17:38</b> | 048   |
| 17.  | LG Laacher See Vulkan 1  | Mixed    | 0:12:21 | 0:21:22 | 0:31:52 | 0:41:06 | 0:50:56 | 1:00:18 | 1:09:53 | 1:18:37 | 1:30:04 | 1:38:39 | 1:50:35 | 1:59:08 | 2:08:52 | 2:20:38 | 2:28:34 | 2:36:26 | 2:44:28 | 2:52:15 | 3:00:21 | 3:08:11 | <b>3:17:56</b> | 046   |
| 18.  | MaJu SRL-United Team 2   | Mixed    | 0:11:51 | 0:20:44 | 0:30:12 | 0:39:03 | 0:48:45 | 0:57:52 | 1:07:31 | 1:16:45 | 1:26:30 | 1:35:53 | 1:45:42 | 1:55:07 | 2:04:58 | 2:14:28 | 2:24:26 | 2:34:06 | 2:44:09 | 2:54:02 | 3:03:59 | 3:14:05 | <b>3:24:05</b> | 050   |
| 19.  | LLT Wallernhausen 2      | Mixed    | 0:09:34 | 0:18:51 | 0:30:04 | 0:38:47 | 0:46:40 | 0:55:59 | 1:07:57 | 1:16:38 | 1:24:36 | 1:33:59 | 1:45:50 | 1:55:53 | 2:05:37 | 2:15:26 | 2:25:19 | 2:35:04 | 2:44:54 | 2:54:41 | 3:04:40 | 3:14:24 | <b>3:24:15</b> | 049   |
| 20.  | TuS Dierdorf 1893 e.V. 2 | Mixed    | 0:15:17 | 0:25:53 | 0:36:34 | 0:45:49 | 0:55:07 | 1:04:34 | 1:13:59 | 1:24:19 | 1:34:58 | 1:45:49 | 1:56:40 | 2:05:24 | 2:14:32 | 2:23:49 | 2:33:12 | 2:42:19 | 2:52:19 | 3:00:41 | 3:09:07 | 3:17:42 | <b>3:26:14</b> | 018   |
| 21.  | # meet's Fuchs           | Mixed    | 0:09:42 | 0:18:18 | 0:26:13 | 0:35:12 | 0:43:12 | 0:52:11 | 1:02:14 | 1:10:46 | 1:20:29 | 1:31:18 | 1:42:10 | 1:53:04 | 2:03:59 | 2:15:26 | 2:26:41 | 2:37:44 | 2:49:02 | 3:00:41 | 3:09:22 | 3:18:58 | <b>3:27:48</b> | 078   |
| 22.  | LG Laacher See Vulkan 2  | Mixed    | 0:10:37 | 0:19:31 | 0:30:35 | 0:40:32 | 0:50:06 | 1:00:59 | 1:09:09 | 1:17:59 | 1:27:01 | 1:38:19 | 1:48:51 | 1:59:25 | 2:10:23 | 2:18:40 | 2:27:13 | 2:36:43 | 2:48:06 | 2:56:38 | 3:07:44 | 3:17:38 | <b>3:27:52</b> | 047   |
| 23.  | SSG Königswinter Mixed 1 | Mixed    | 0:11:37 | 0:21:13 | 0:31:03 | 0:40:15 | 0:49:34 | 0:59:50 | 1:10:21 | 1:20:14 | 1:29:52 | 1:40:05 | 1:50:09 | 1:59:51 | 2:09:05 | 2:18:35 | 2:28:35 | 2:38:10 | 2:47:42 | 2:57:56 | 3:08:33 | 3:18:26 | <b>3:28:05</b> | 060   |
| 24.  | SF Höhr-Grenzhausen, TT  | Mixed    | 0:10:09 | 0:21:23 | 0:29:14 | 0:39:36 | 0:49:09 | 0:58:56 | 1:10:51 | 1:18:50 | 1:30:20 | 1:38:25 | 1:49:05 | 1:59:04 | 2:09:22 | 2:20:55 | 2:29:11 | 2:40:35 | 2:48:43 | 2:59:36 | 3:09:32 | 3:19:36 | <b>3:31:29</b> | 020   |
| 25.  | MaJu SRL-United Team 1   | Mixed    | 0:10:13 | 0:20:09 | 0:30:14 | 0:38:34 | 0:48:29 | 0:59:11 | 1:11:27 | 1:19:19 | 1:29:17 | 1:40:09 | 1:52:37 | 2:00:45 | 2:10:48 | 2:21:46 | 2:34:22 | 2:42:28 | 2:52:34 | 3:03:34 | 3:11:53 | 3:22:01 | <b>3:33:14</b> | 039   |
| 26.  | läuft bei SER            | Mixed    | 0:11:07 | 0:24:55 | 0:35:45 | 0:44:42 | 0:53:56 | 1:01:40 | 1:10:32 | 1:19:23 | 1:33:28 | 1:44:49 | 1:54:41 | 2:04:22 | 2:12:09 | 2:21:01 | 2:30:00 | 2:44:49 | 2:55:40 | 3:05:52 | 3:15:44 | 3:23:25 | <b>3:34:10</b> | 045   |
| 27.  | Laufftreff VfB Polch     | Mixed    | 0:10:58 | 0:21:08 | 0:30:27 | 0:39:19 | 0:49:38 | 0:59:11 | 1:09:38 | 1:19:08 | 1:28:02 | 1:37:33 | 1:48:00 | 1:59:25 | 2:09:53 | 2:19:29 | 2:30:01 | 2:41:58 | 2:53:00 | 3:03:09 | 3:13:45 | 3:24:51 | <b>3:34:40</b> | 008   |
| 28.  | WW Löschpatschen         | Mixed    | 0:13:40 | 0:26:21 | 0:34:13 | 0:43:32 | 0:53:09 | 1:02:38 | 1:12:05 | 1:21:42 | 1:31:37 | 1:41:50 | 1:53:19 | 2:05:18 | 2:14:49 | 2:24:45 | 2:34:39 | 2:44:39 | 2:56:02 | 3:07:12 | 3:17:47 | 3:27:11 | <b>3:36:31</b> | 038   |
| 29.  | Die Hobbyläufer          | Mixed    | 0:13:50 | 0:24:12 | 0:34:03 | 0:42:16 | 0:51:58 | 1:03:12 | 1:14:20 | 1:24:36 | 1:34:56 | 1:45:03 | 1:53:55 | 2:04:03 | 2:15:32 | 2:27:16 | 2:38:29 | 2:47:24 | 2:57:23 | 3:09:11 | 3:18:17 | 3:28:28 | <b>3:37:26</b> | 073   |
| 30.  | Jobcenter Neuwied        | Mixed    | 0:11:14 | 0:21:36 | 0:34:09 | 0:45:36 | 0:53:47 | 1:02:48 | 1:12:55 | 1:21:32 | 1:32:22 | 1:45:22 | 1:57:14 | 2:05:33 | 2:14:34 | 2:24:39 | 2:33:34 | 2:44:38 | 2:57:49 | 3:10:08 | 3:18:39 | 3:27:44 | <b>3:37:44</b> | 015   |
| 31.  | Meddys LWT Koblenz 1     | Mixed    | 0:11:09 | 0:21:19 | 0:32:10 | 0:42:15 | 0:53:36 | 1:04:50 | 1:14:57 | 1:23:25 | 1:33:42 | 1:44:41 | 1:54:48 | 2:05:54 | 2:17:08 | 2:27:17 | 2:35:39 | 2:45:54 | 2:57:04 | 3:07:10 | 3:18:20 | 3:29:41 | <b>3:38:08</b> | 002   |
| 32.  | KG Brave Jonge           | Mixed    | 0:11:50 | 0:24:28 | 0:34:49 | 0:44:00 | 0:53:03 | 1:02:45 | 1:12:30 | 1:21:29 | 1:34:04 | 1:45:24 | 1:55:28 | 2:04:40 | 2:14:27 | 2:25:28 | 2:34:36 | 2:47:16 | 2:57:57 | 3:08:05 | 3:18:12 | 3:28:35 | <b>3:40:24</b> | 044   |
| 33.  | Meddys LWT Koblenz Urbis | Mixed    | 0:13:55 | 0:25:12 | 0:36:22 | 0:47:35 | 0:58:42 | 1:09:51 | 1:20:54 | 1:31:47 | 1:42:52 | 1:54:17 | 2:03:55 | 2:13:37 | 2:23:22 | 2:33:11 | 2:42:53 | 2:52:37 | 3:02:15 | 3:11:57 | 3:21:39 | 3:31:15 | <b>3:40:45</b> | 023   |
| 34.  | Die Blauhäuser           | Mixed    | 0:11:53 | 0:22:26 | 0:32:03 | 0:41:27 | 0:51:47 | 1:01:30 | 1:11:08 | 1:21:29 | 1:31:16 | 1:42:02 | 1:53:00 | 2:04:05 | 2:15:06 | 2:25:00 | 2:35:57 | 2:45:15 | 2:57:12 | 3:07:07 | 3:19:12 | 3:28:50 | <b>3:40:58</b> | 037   |
| 35.  | Die Grauen Burggeister   | Mixed    | 0:12:13 | 0:22:05 | 0:33:04 | 0:43:26 | 0:54:03 | 1:04:09 | 1:14:25 | 1:25:37 | 1:36:34 | 1:47:02 | 1:57:35 | 2:07:52 | 2:18:17 | 2:29:33 | 2:40:44 | 2:50:16 | 3:00:12 | 3:11:04 | 3:20:58 | 3:30:56 | <b>3:41:34</b> | 082   |
| 36.  | MaJu SRL-United Team 3   | Mixed    | 0:12:37 | 0:23:41 | 0:34:16 | 0:43:45 | 0:55:30 | 1:05:25 | 1:16:45 | 1:27:33 | 1:37:19 | 1:48:59 | 1:58:59 | 2:10:16 | 2:21:12 | 2:31:02 | 2:42:46 | 2:52:49 | 3:04:15 | 3:15:41 | 3:25:23 | 3:35:34 | <b>3:46:39</b> | 058   |
| 37.  | Styrumer Bergläufer      | Mixed    | 0:11:16 | 0:23:02 | 0:32:52 | 0:44:32 | 0:53:49 | 1:05:38 | 1:14:53 | 1:24:57 | 1:36:46 | 1:48:28 | 1:57:55 | 2:09:57 | 2:19:24 | 2:31:26 | 2:41:30 | 2:50:58 | 3:03:00 | 3:12:38 | 3:24:47 | 3:34:45 | <b>3:46:59</b> | 009   |
| 38.  | VR-Bank & Friends        | Mixed    | 0:12:47 | 0:22:38 | 0:32:12 | 0:43:10 | 0:56:12 | 1:06:52 | 1:15:42 | 1:25:40 | 1:35:11 | 1:45:17 | 1:57:12 | 2:10:42 | 2:21:33 | 2:30:30 | 2:40:42 | 2:51:21 | 3:01:23 | 3:13:08 | 3:26:41 | 3:38:09 | <b>3:47:12</b> | 059   |
| 39.  | Hoki                     | Mixed    | 0:12:22 | 0:22:36 | 0:36:18 | 0:45:42 | 0:55:47 | 1:07:20 | 1:16:27 | 1:26:22 | 1:36:43 | 1:46:00 | 1:56:53 | 2:06:19 | 2:20:34 | 2:31:33 | 2:41:45 | 2:52:15 | 3:03:25 | 3:12:57 | 3:24:53 | 3:36:33 | <b>3:47:24</b> | 010   |
| 40.  | Tierisch schnell         | Mixed    | 0:09:38 | 0:21:14 | 0:36:00 | 0:47:42 | 0:58:34 | 1:10:46 | 1:21:10 | 1:32:53 | 1:40:34 | 1:52:31 | 2:03:27 | 2:15:26 | 2:25:41 | 2:37:23 | 2:44:53 | 2:56:58 | 3:08:35 | 3:20:12 | 3:30:20 | 3:42:05 | <b>3:49:50</b> | 032   |
| 41.  | Gladbacher Laufftreff    | Mixed    | 0:15:07 | 0:26:40 | 0:38:33 | 0:50:37 | 1:02:18 | 1:15:08 | 1:28:18 | 1:41:35 | 1:55:13 | 2:08:43 | 2:19:43 | 2:31:00 | 2:42:03 | 2:52:08 | 3:02:50 | 3:13:37 | 3:24:16 | 3:32:38 | 3:41:06 | 3:49:34 | <b>3:57:45</b> | 071   |
| 42.  | TriPower Mixed 2         | Mixed    | 0:12:18 | 0:26:41 | 0:36:08 | 0:47:50 | 0:58:28 | 1:10:46 | 1:22:24 | 1:34:24 | 1:45:41 | 1:55:43 | 2:05:11 | 2:16:58 | 2:27:31 | 2:39:52 | 2:51:35 | 3:01:18 | 3:13:06 | 3:23:47 | 3:36:23 | 3:46:51 | <b>3:58:32</b> | 031   |
| 43.  | LT VfL Waldbreitbach 2   | Mixed    | 0:13:27 | 0:23:46 | 0:35:20 | 0:47:00 | 0:58:22 | 1:08:30 | 1:20:19 | 1:30:50 | 1:41:25 | 1:53:13 | 2:05:17 | 2:16:41 | 2:26:58 | 2:39:23 | 2:50:12 | 3:03:05 | 3:14:44 | 3:26:40 | 3:37:54 | 3:48:20 | <b>3:59:04</b> | 056   |
| 44.  | Bonefeld & Friends       | Mixed    | 0:11:27 | 0:26:14 | 0:38:34 | 0:47:44 | 1:03:00 | 1:15:49 | 1:25:03 | 1:40:37 | 1:53:10 | 2:04:24 | 2:15:19 | 2:25:59 | 2:36:45 | 2:47:31 | 2:58:05 | 3:07:30 | 3:18:25 | 3:29:13 | 3:39:57 | 3:49:01 | <b>3:59:30</b> | 036   |
| 45.  | LT VfL Waldbreitbach 3   | Mixed    | 0:13:48 | 0:25:25 | 0:38:00 | 0:48:30 | 1:00:22 | 1:11:07 | 1:22:06 | 1:32:53 | 1:43:48 | 1:54:46 | 2:06:18 | 2:19:05 | 2:29:24 | 2:41:01 | 2:51:47 | 3:03:06 | 3:14:47 | 3:27:35 | 3:37:48 | 3:49:24 | <b>4:00:15</b> | 013   |
| 46.  | Gladbacher Laufteam      | Mixed    | 0:15:07 | 0:26:40 | 0:38:32 | 0:50:38 | 1:02:18 | 1:15:08 | 1:28:18 | 1:41:35 | 1:55:14 | 2:08:43 | 2:19:43 | 2:31:41 | 2:43:30 | 2:52:44 | 3:01:57 | 3:10:46 | 3:19:16 | 3:29:51 | 3:41:08 | 3:53:05 | <b>4:03:47</b> | 052   |
| 47.  | Meddys LWT Koblenz 2     | Mixed    | 0:11:48 | 0:21:41 | 0:33:36 | 0:46:24 | 0:58:54 | 1:10:50 | 1:21:52 | 1:32:48 | 1:42:19 | 1:52:33 | 2:04:27 | 2:17:15 | 2:29:47 | 2:42:09 | 2:53:10 | 3:04:10 | 3:16:17 | 3:29:22 | 3:42:11 | 3:54:40 | <b>4:04:08</b> | 003   |
| 48.  | TuS Bonefeld             | Mixed    | 0:14:40 | 0:25:27 | 0:36:27 | 0:48:23 | 1:01:15 | 1:12:51 | 1:25:09 | 1:37:07 | 1:49:23 | 2:01:35 | 2:14:14 | 2:25:58 | 2:36:27 | 2:47:25 | 2:58:16 | 3:09:20 | 3:21:52 | 3:33:50 | 3:45:46 | 3:56:58 | <b>4:08:23</b> | 051   |
| 49.  | Mavika                   | Mixed    | 0:13:36 | 0:23:53 | 0:34:30 | 0:45:20 | 0:56:18 | 1:07:26 | 1:18:34 | 1:30:04 | 1:41:55 | 1:54:07 | 2:07:31 | 2:19:42 | 2:30:06 | 2:42:52 | 2:54:33 | 3:06:01 | 3:19:50 | 3:32:44 | 3:44:34 | 3:57:31 | <b>4:10:35</b> | 027   |
| 50.  | The running Gags         | Mixed    | 0:13:42 | 0:24:13 | 0:34:30 | 0:48:42 | 1:00:06 | 1:09:11 | 1:20:43 | 1:34:22 | 1:44:10 | 1:59:03 | 2:08:58 | 2:20:40 | 2:33:25 | 2:48:31 | 2:58:41 | 3:12:28 | 3:24:49 | 3:35:49 | 3:46:22 | 3:59:29 | <b>4:10:52</b> | 054   |
| 1.   | LT Siebengebirge         | Senioren | 0:09:02 | 0:16:42 | 0:23:58 | 0:31:46 | 0:40:00 | 0:47:21 | 0:55:20 | 1:02:38 | 1:10:33 | 1:18:56 | 1:26:14 | 1:34:21 | 1:41:43 | 1:49:33 | 1:57:53 | 2:05:15 | 2:13:22 | 2:20:41 | 2:28:32 | 2:36:58 | <b>2:44:21</b> | 063   |
| 2.   | LLG St. Augustin Männer  | Senioren | 0:10:20 | 0:18:01 | 0:26:17 | 0:33:59 | 0:42:23 | 0:50:03 | 0:58:42 | 1:06:27 | 1:15:10 | 1:22:49 | 1:30:09 | 1:39:38 | 1:47:01 | 1:56:31 | 2:03:54 | 2:13:16 | 2:20:37 | 2:29:36 | 2:36:58 | 2:46:11 | <b>2:53:31</b> | 065   |
| 3.   | Meddys LWT Koblenz 3     | Senioren | 0:10:33 | 0:20:36 | 0:28:42 | 0:40:06 | 0:47:58 | 0:56:28 | 1:06:25 | 1:14:29 | 1:25:53 | 1:33:55 | 1:42:27 | 1:52:26 | 2:00:41 | 2:12:18 | 2:20:26 | 2:28:59 | 2:39:08 | 2:47:23 | 2:59:04 | 3:07:17 | <b>3:15:54</b> | 024   |
| 4.   | Ü-60 Läufer              | Senioren | 0:13:11 | 0:22:34 | 0:32:09 | 0:41:50 | 0:51:04 | 0:59:56 | 1:10:21 | 1:21:59 | 1:32:47 | 1:42:09 | 1:51:16 | 2:01:41 | 2:10:58 | 2:22:00 | 2:31:35 | 2:40:49 | 2:51:33 | 3:00:57 | 3:11:51 | 3:21:13 | <b>3:30:43</b> | 014   |
| 5.   | TuS Hor                  |          |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |         |                |       |